

Mnemonics – Pectoral Region & Facts to Remember

Mnemonics – Pectoral Region

1. Walls of Axilla

? “A Major Minor SubLat Serrat Humerus”

- **Anterior wall** ? Pectoralis **Major**, Pectoralis **Minor**
 - **Posterior wall** ? **Sub**scapularis, **Lat**issimus dorsi, Teres major
 - **Medial wall** ? **Serrat**us anterior (with ribs)
 - **Lateral wall** ? **Humerus** (intertubercular sulcus)
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2. Branches of Axillary Artery (1-2-3 Rule)

? “Screw The Lawyer, Save A Patient”

- 1st part ? **S**uperior thoracic
 - 2nd part ? **T**horacoacromial, **L**ateral thoracic
 - 3rd part ? **S**ubscapular, **A**nterior circumflex humeral, **P**osterior circumflex humeral
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3. Branches of Thoracoacromial Artery

? “CAD-P”

- **C**lavicular
-

- **Acromial**
 - **Deltoid**
 - **Pectoral**
-

4. Axillary Lymph Node Groups

? “**People Have Small Cute Arms**”

- **Pectoral** (anterior)
 - **Humeral** (lateral)
 - **Subscapular** (posterior)
 - **Central**
 - **Apical**
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5. Nerve Supply of Pectoralis Major

? “**Major has Two Bosses**”

- Supplied by both **Medial** and **Lateral** pectoral nerves.
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6. Root Value of Long Thoracic Nerve

? “**C5,6,7 keep the Wings to Heaven**”

- Injury ? winged scapula (serratus anterior paralysis).
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7. Quadrants of Breast (for carcinoma site)

? “Upper Outer is the Winner”

- Upper outer quadrant ? most common site of carcinoma.
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8. Venous Drainage of Breast

? “AIM”

- Axillary vein
 - Internal thoracic vein
 - Most posterior intercostal veins
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9. Clinical Signs of Carcinoma Breast

? “DRaPe”

- Dimpling of skin
- Retraction of nipple
- Peau d'orange
- enlarged axillary nodes